LUNCH







TOASTIES & TACO'S

Served on stone baked sourdough / gluten free options available.

METRO'S TACO'S \$22 Two soft taco's served w your choice of crispy chicken OR smokey pulled pork, filled w lettuce, slaw, avocado, corn, salsa & sriracha mayo. Add Side of Fries MUSHROOM MELT \$18 Medley of field mushrooms melted gruyere cheese, truffle mayo and pickled jalapeños. Add Side of Fries **LEG HAM SANDWICH** \$18 Layers of double smoked ham, melted trio of cheeses, Swiss, gruyere, American cheddar, pickled cucumbers, served with a honey mustard dipping sauce. Add Side of Fries SMOKE HOUSE BBQ PULLED PORK SANDWICH \$20 Juicy 12-hour braised pulled pork w Asian style slaw, grilled



Add Side of Fries

American cheese, pickles & smokey BBQ sauce.

BURGERS

Served on seeded milk bun w fries / gluten free options available.

METRO'S WAGYU BEEF BURGER \$25

Grilled Wagyu burger, mustard, double smoked bacon,
American jack cheddar, chilli jam, oak lettuce, tomato & pickles.

KARAAGE CRISPY CHICKEN BURGER \$25

Karaage cripsy chicken, Asian slaw, continental cucumber, kewpie mayo and sriracha.



METRO'S SALADS

THE BRUNCH BOWL VEG	\$25	
House Falafels, baby spinach, pan fried kale, wild mushrooms, quinoa, cherry tomatoes, avocado over a beetroot hummus w a lemon honey dressing.		
Add Free Range Poached Egg		
Add Grilled Halloumi Cheese		
THE NOURISH BOWL VEG V GF	\$25	
Edamame, quinoa, baby spinach, roasted sweet potato, halloumi, pan fried kale, beetroot, toasted pine nuts and a lemon mustard dressing. Add Free Range Egg +\$3.5 Add Grilled Chicken + Add Pulled Pork+\$6		
Add Avocado	+\$F	
Add Poached Egg		
Add Halloumi		
Add Grilled Chicken	+\$6	
Add Tassie Salmon		
Add Pulled Pork	+\$6	
BURGER EXTRAS		
Add Fried Egg	+¢35	
Add 1 Rasher of Bacon		
Add Avocado		
Add American Jack Cheddar		
SIDES		
French fries w aioli OR ketchup	+¢0	
1 TOTIOTI TITOS W GIOTI OK KOLOTIUP		

ALL DAY BREAKFAST



CINNAMON & RAISIN BAGEL	\$10.5	CHILLI SCRAMBLED VEG \$22	
An authentic boiled bagel served with Philly cream cheese and house berry compote.		House chilli infused scrambled free-range eggs on stone baked sourdough w whipped Danish Fetta, fresh chilli's, chives,	
APPLE & GINGER BIRCHER MUESLI VEG	\$19.5	dukkha, & fresh lemon.	
Served with seasonal berries, roasted maple house granola, coconut yoghurt, flaxseed and honey.		Add Bacon+\$6 Add Avocado+\$5 METRO'S SMASHED AVO VEG\$22.5	
HONEY & RICOTTA FRENCH TOAST VEG	\$25	Smashed avocado on stone baked sourdough w beetroot	
Served with wild berry compote, candied walnuts, Chantilly cream and Canadian maple syrup.		hummus, whipped fetta, fried chickpeas, vine ripened cherry tomatoes, toasted seeds & nuts & balsamic reduction served w lemon.	
METRO'S SAVOURY MINCE	\$24.5	Add Free Range Egg+\$3.5 Add Bacon+\$6 Add Salmon+\$7.5 Add Halloumi+\$6	
Our secret family recipe, wagyu savoury mince, served two poached free-range eggs and toasted sourdough.	vith	Add Pulled Pork+\$6	
THE DELUXE BREAKFAST BURGER	\$21	THE CLASSIC \$20	
Two rashes of double smoked bacon, fried egg, hash brown, American jack cheddar, house hollandaise & jalapeno relish		Double smoked bacon, eggs your style, grilled vine ripened tomato w basil pesto, served on toasted stone baked sourdough. Add Mushrooms	
ZUCCHINI & HALLOUMI FRITTERS VEG GFO	\$25	Add Angus Sausages	
Moroccan spiced yogurt, romesco, kumara crisps & poached eggs.			
Double Salmon		METRO KIDS 12 & UNDER	
WILD MUSHROOM MEDLEY VEG	\$24	PANCAKES \$12	
Lemon and thyme wild mushrooms, whipped Danish fet pan fried kale, cherry tomatoes, edamame, pine nuts, dr	ta,	Two fluffy pancakes, maple syrup, vanilla ice cream & strawberries.	
of truffle oil and a free range poached egg.		BACON & EGGS \$12	
Add Sourdough+\$3 Add Halloumi		Sourdough toast, bacon & egg any style.	
Add Avocado		HAM & CHEESE TOASTIE \$11	
		Served on toasted sourdough bread.	
BREAKFAST BURRITO VEG GFO	\$23	CHICKEN & CHIPS \$13	
Toasted tortilla wrap or served in a bowl w scrambled e baby spinach, shredded cheese, roasted capsicum, me		Grilled chicken served with chips & tomato sauce.	
beans, guacamole, spicy salsa & sour cream.		CHEESE BURGER & FRIES \$15	
Add Bacon+\$6 Add Chorizo	\$6	Wagyu beef burger, American jack cheese, tomato	
Add Chicken+\$6 Add Pulled Pork	\$6	ketchup & fries.	
METRO EGGS BENNY	\$24.5		
Served on toasted stone baked sourdough w baby spin house hollandaise & dukkha.	ach,	BREAKFAST SIDES	
With your choice of:			
Two Rashes of Double Smoked Bacon		Half Avocado\$5 Hash Brown\$5	
Tassie Smoked Salmon Crispy Chicken w Chipotle Hollandaise		Bacon 2 Rashes\$6 Tassie Smoked Salmon. \$7.5	
Smokey Pulled Pork		Danish Fetta\$4 Grilled Roma Tomato\$4	
Add Avocado+\$5 Add Hash Brown	+\$5	Chorizo Sausage	
, ad , wooddo		Metro's Beans\$6 Free Range Egg\$3.5 Angus Beef Sausages\$6 Roasted Garlic	
House Hollandaise+\$3 House Tomato Relish Roast Garlic Aioli+\$2 Chipotle Mayo		Pulled Pork\$6 Herb Mushrooms\$6	
Tomato/BBQ Sauce+\$1			